

Department of War (DoW) Quarterly Suicide Report (QSR) 4th Quarter, CY 2025

Defense Suicide Prevention Office (DSPO)

The estimated cost of this report or study for the Department of War is approximately \$6,950 for the 2026 Fiscal Year. This includes \$3,920 in expenses and \$3,030 in DoW labor.

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DEFENSE SUICIDE
PREVENTION OFFICE

Introduction

The Department of War (DoW) is fully committed to preventing deaths by suicide in our military community.

The number of deaths by suicide in the current report is subject to change, as previously unknown cases are reported, and some known cases are further investigated. The Department continues to assess individual and aggregated case data to make informed determinations and conduct the necessary statistical analyses to understand trends over time in coordination with the Military Services.

To help determine the impact of deaths by suicide on the Total Force, the Defense Suicide Prevention Office (DSPO) routinely collects and reports surveillance data on suicide mortality across the Department. The most up-to-date counts of deaths by suicide are reported in the Quarterly Suicide Report (QSR) in accordance with DoD Instruction 6490.16.¹ The QSR complies with Objective 11.1 of the DoD Strategy for Suicide Prevention (DSSP) by providing timely and accurate data on deaths by suicide to guide suicide prevention efforts across the Department.

DSPO collects data on deaths by suicide via collaborative effort with the Office of the Armed Forces Medical Examiner System (AFMES) and the Suicide Prevention Program Offices of the Military Services (Army, Marine Corps, Navy, Air Force, and Space Force).² AFMES is the official DoW entity responsible for verifying and reporting deaths by suicide for the Active Component and, to the extent available, the Reserve Component, to DSPO.^{3,4} These numbers are reconciled with the Military Services to ensure the most accurate information is reported.

Quarters are based upon the Calendar Year and defined as:

- Quarter 1 (Q1): January 1st – March 31st
- Quarter 2 (Q2): April 1st – June 30th
- Quarter 3 (Q3): July 1st – September 30th
- Quarter 4 (Q4): October 1st – December 31st

The current report presents data from Q4 of CY 2025. Data includes all confirmed and pending deaths by suicide as of January 15, 2026, for both the Active and Reserve Components. Hence, the numbers presented in this report are subject to change as previously unknown deaths by suicide are reported and some known cases are further adjudicated.⁵

Caution should be used when making comparisons across groups and/or interpreting changes in counts of deaths by suicide across time because counts do not account for changes in population size. Rates account for differences in population sizes; and, as such, provide a more standardized way to make comparisons over time or across groups.⁶ For the most

¹ Absolute counts do not account for changes in population size. Consequently, caution should be used when making comparisons across groups and/or interpreting changes in counts of deaths by suicide across time.

² The QSR does not include data of deaths by suicide from the United States Coast Guard as they fall under the jurisdiction of the Secretary of Homeland Security when not operating as a service in the Department of the Navy.

³ Active Component: Full-time members of the U.S. Armed Forces and Cadets/Midshipmen at the DoW military academies.

⁴ Reserve Component: Limited to members of the Selected Reserves (SELRES). SELRES are drilling and training members of the National Guard and Reserve, Individual Mobilization Augmentees, and full-time support Active Guard and Reservists. This excludes members of the Individual Ready Reserve (IRR) and Inactive National Guard (ING).

⁵ Official annual counts and unadjusted rates of death by suicide are published in the Annual Report on Suicide in the Military. The most recent report is for CY 2024. Available at: <https://www.dsps.mil/Home/Tools/Reports/>.

⁶ Rates are defined as the total number of deaths by suicide divided by the population for a given time period.

recent published DoW annual rates and trends/changes over time for deaths by suicide, please see the DoD Annual Report on Suicide in the Military CY 2024 (<https://www.dspo.mil/Home/Tools/Reports/>).

QSR Data

Attachment A details the number of deaths by suicide by Service and Component. For Q4 of CY 2025, the Military Services reported the following suspected or confirmed deaths by suicide:

- 78 in the **Active Component**
- 17 in the **Reserve**
- 18 in the **National Guard**

- For Q4 CY 2025, **Active Component** Services reported the following suspected or confirmed deaths by suicide:
 - 30 in the **Army**
 - 10 in the **Marine Corps**
 - 21 in the **Navy**
 - 17 in the **Air Force**
 - 0 in the **Space Force**

- For Q4 CY 2025, **Reserve** Services reported the following suspected or confirmed deaths by suicide:
 - 13 in the **Army Reserve**
 - 1 in the **Marine Corps Reserve**
 - 2 in the **Navy Reserve**
 - 1 in the **Air Force Reserve**

- For Q4 CY 2025, **National Guard** Services reported the following suspected or confirmed deaths by suicide:
 - 15 in the **Army National Guard**
 - 3 in the **Air National Guard**

Attachment A

DoW Component and Service	CY 2022					CY 2023					CY 2024					CY 2025				
	Q1	Q2	Q3	Q4	Total	Q1	Q2	Q3	Q4	Total	Q1	Q2	Q3	Q4	Total	Q1	Q2	Q3	Q4	Total
Active Component	75	88	89	80	332	91	89	82	101	363	91	70	76	66	303	74	83	84	78	319
Army	37	33	37	28	135	48	32	35	44	159	38	27	35	34	134	27	35	38	30	130
Marine Corps	8	17	26	14	65	13	13	19	18	63	13	9	14	11	47	19	17	9	10	55
Navy	14	23	12	21	70	17	21	12	18	68	22	15	11	11	59	16	20	16	21	73
Air Force	16	15	14	17	62	13	21	16	21	71	17	18	15	10	60	12	10	21	17	60
Space Force	0	0	0	0	0	0	2	0	0	2	1	1	1	0	3	0	1	0	0	1
Reserve Component	42	41	34	46	163	44	36	48	42	170	46	42	37	45	170	49	39	59	35	182
Reserve	19	18	15	13	65	18	14	18	26	76	24	18	6	16	64	18	19	26	17	80
Army Reserve	10	12	9	6	37	8	10	13	18	49	14	11	2	10	37	11	12	16	13	52
Marine Corps Reserve	3	1	1	2	7	4	3	1	2	10	3	2	1	2	8	2	2	5	1	10
Navy Reserve	2	3	1	1	7	4	0	2	2	8	4	2	2	2	10	2	4	4	2	12
Air Force Reserve	4	2	4	4	14	2	1	2	4	9	3	3	1	2	9	3	1	1	1	6
National Guard	23	23	19	33	98	26	22	30	16	94	22	24	31	29	106	31	20	33	18	102
Army National Guard	22	18	16	27	83	19	21	26	15	81	20	21	24	24	89	25	16	27	15	83
Air National Guard	1	5	3	6	15	7	1	4	1	13	2	3	7	5	17	6	4	6	3	19

DoW Component and Service	CY 2016	CY 2017	CY 2018	CY 2019					CY 2020					CY 2021				
	Total	Total	Total	Q1	Q2	Q3	Q4	Total	Q1	Q2	Q3	Q4	Total	Q1	Q2	Q3	Q4	Total
Active Component	280	290	326	93	71	84	103	351	89	79	113	102	383	76	97	70	85	328
Army	130	117	141	32	37	34	44	147	37	40	52	44	173	44	57	31	43	175
Marine Corps	37	43	57	14	6	11	16	47	14	10	20	19	63	13	8	13	9	43
Navy	52	65	68	22	13	19	19	73	19	11	20	16	66	12	18	14	15	59
Air Force	61	65	60	25	15	20	24	84	19	18	21	23	81	7	14	12	18	51
Space Force	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	0
Reserve Component	202	226	217	45	43	42	26	156	45	49	44	60	198	43	42	59	51	195
Reserve	80	93	81	21	16	17	12	66	20	25	13	19	77	15	14	21	24	74
Army Reserve	41	63	48	10	8	11	8	37	9	16	7	10	42	10	9	13	14	46
Marine Corps Reserve	19	10	19	5	1	1	2	9	2	2	2	4	10	2	3	4	4	13
Navy Reserve	10	9	11	2	2	3	0	7	5	3	2	3	13	3	1	1	5	10
Air Force Reserve	10	11	3	4	5	2	2	13	4	4	2	2	12	0	1	3	1	5
National Guard	122	133	136	24	27	25	14	90	25	24	31	41	121	28	28	38	27	121
Army National Guard	108	121	119	19	24	22	11	76	22	18	29	36	105	26	23	34	22	105
Air National Guard	14	12	17	5	3	3	3	14	3	6	2	5	16	2	5	4	5	16

Note: All figures above may be subject to change in future publications as updated information becomes available. Counts of deaths by suicide (both confirmed and pending) are current as of January 15, 2026.

Indicates a change from the previous QSR based on updated information.